

# rain

THE SPA

## Philosophy

A relaxing retreat away from the city offering a wide range of holistic treatments to heal your body, calm your mind, soothe your spirit, and promote wellbeing.

## Express Treats

**Foot Reflexology**  
45 minutes for Php 1,200  
60 minutes for Php 1,500

A therapeutic method of relieving pain by stimulating predefined pressure points on the feet. This treatment helps alleviate allergy symptoms, stress, back pain, and chronic fatigue.

**Aroma Scalp and Shoulder**  
45 minutes for Php 1,200

A soothing massage that helps calm the mind and relieve stress and muscle tension.

**Body Scrub**  
45 minutes for Php 2,000

A deep yet gentle exfoliating cleanse to remove dead skin and impurities. It also enriches the skin with minerals resulting in a more youthful glow.

**Back Massage**  
15 minutes for Php 700

It frees and relaxes the muscles, helps to alleviate pain and muscle tension.

## Spa Indulgent Packages

**Refresh**  
120 minutes for Php 3,000

The holistic spa treatment starts with relaxing milk bath followed by a full body massage using blended essential oils to balance the mind and spirit, transporting you into a state of bliss.

**Rejuvenate**  
180 minutes for Php 5,000

The ultimate journey of renewal begins with a gentle exfoliation of the body. This is followed by an aromatic steam bath before a nourishing mango and passion fruit yogurt body wrap and hydrotherapy bath. The treatment ends with an Awaken the Senses massage.

## Body Treatments

**Indulgent Glow**  
120 minutes for Php 4,000

Starts with gentle deep cleansing of the body to eliminate dead skin, giving you that smooth and youthful glow. This is then followed by a 60-minute body and scalp massage.

**Rain Silky Glow**  
120 minutes for Php 4,000

A gentle skin polish is used to lather the body to remove impurities and toxins, thus repairing and brightening the skin. The treatment is followed by a 60-minute anti-stress massage using micro-emulsified massage oil.

## Signature Spa Experiences

**Awaken the Senses**  
60 minutes for Php 2,000 | 90 minutes for Php 2,500

An aromatherapy massage where gentle hands work to ease tired muscles with a combination of deep comforting and relaxing strokes using specially blended oils.

**Hilot Therapy**  
90 minutes for Php 2,500

A traditional Filipino healing technique that uses banana leaves and virgin coconut oil. This technique aids good blood circulation and relief from pain and discomfort.

**Herbal Poultice Massage**  
90 minutes for Php 2,500

This ancient technique applies a combination of organic poultice pressed directly to the body to open the pores and bring medicinal heat to the muscles, followed by a traditional full-body aromatherapy massage.

**Soy and Fire**  
90 minutes for Php 2,500

Warm oil from a soy candle infuses the air to re-awaken your passion.